

Protective measures against infection per 12 March 2020: all masses are cancelled

The Catholic diocese of Oslo and Roman Catholic Territorial Prelature of Trondheim's protective measures against infection per March 12 2020 will be in force until Palm Sunday



PRAY FOR THE SICK: – Be assured that the priests of the Church are praying for you, the sick, health care workers and the especially vulnerable, says Bishop of Oslo Bernt I. Eidsvig.

Dear faithful,

attempting to limit or prevent coronavirus infection is a practical way of exercising charity. For this reason, the Catholic diocese of Oslo and Roman Catholic Territorial Prelature of Trondheim introduce new and more strict protective measures against infection, in this very demanding situation. We pray for those who are infected, those who are especially vulnerable, and our selfless health care workers.

Measures outside of mass (mandatory):

- All social activities prior to and after the celebration of mass are cancelled: no gathering for coffee after mass or the like is allowed.
- All catechesis is immediately suspended, regardless of the number of participants.
- All other activities outside of mass are suspended: no choir practice, lectures, retreats, or similar activities are allowed.
- All travel abroad is suspended for employees and priests in the diocese.

Measures during mass (mandatory):

- **The Sunday mass obligation has been temporarily lifted.**
- **All masses are immediately cancelled.**

Measures when visiting church (mandatory):

- Keep one meter between yourself and other worshippers.
- Avoid handshakes.
- All holy-water basins must be empty. Holy water is not used.
- The faithful are encouraged give any donations using Vipps.
- In addition, conduct yourself in accordance with the guidelines for preventing infection that are provided by health authorities.

You are encouraged to pray and practice spiritual communion, on your own or with your family, until the regular celebration of mass resumes.

The churches will remain open for all faithful. Be assured that the priests of the Church are praying for you, the sick, health care workers and the especially vulnerable.

May lent renew us and inspire us to do extra penance, pray and fast on behalf all who are impacted!

Oslo, 12 March 2020

In Christo,

+Bernt I. Eidsvig, Can. Reg.

Bishop of Oslo and Apostolic Administrator of The Territorial Prelature of Trondheim



Dear faithful, limiting or preventing coronavirus infection is a practical way of exercising charity. For this reason, the Catholic diocese has introduced new and more comprehensive measures against infection in a very demanding situation.

- **The Sunday mass obligation has been lifted until further notice**
- **All masses in the diocese have been cancelled**
- **The churches will nonetheless remain open**

Let us all pray for the infected, the especially vulnerable and our selfless health care workers.

If you have questions, read more at www.katolsk.no or contact your local parish priest.